

America's Youth Outreach and Kaysville City Presents



YOUTH SELF DEFENSE/  
KARATE  
& *Safety Awareness*

THURSDAYS  
Kaysville Rec Building

NEW SESSION BEGINS  
THURSDAY, SEPTEMBER 18TH!

Register 20 minutes prior to class on  
your first day

Only \$8.00 per week, pay weekly



For more information call 801-514-5786

# Youth and Adult Self-Defense Karate & Safety Awareness Program

ONLY \$8.00 PER WEEK - PAY WEEKLY

THIS PROGRAM IS DESIGNED TO PROMOTE A HIGHER LEVEL OF SELF-CONFIDENCE, IMPROVE SELF-ESTEEM, DISCIPLINE, CONCENTRATION AND COORDINATION. MANY TIMES IMPROVING THEIR SOCIAL INTERACTION AND ACADEMIC PERFORMANCE! STUDENTS ARE PLACED INTO CLASSES ACCORDING TO AGE AND ABILITY. ONLY SELF-DEFENSE IS PROMOTED!

## LOCATION

KAYSVILLE RECREATION CENTER  
85 NORTH 100 EAST - KAYSVILLE, UTAH

## CLASSES

**CLASSES ARE EVERY THURSDAY  
NEW SESSION BEGINS SEPTEMBER 18TH**

REGISTER 20 MINUTES PRIOR TO CLASS ON YOUR FIRST DAY!

## NEW STUDENTS

5:30 PM - 6:10 PM

## RETURNING STUDENTS

6:15 PM - 6:55 PM

ADULTS: 7:00-8:30 PM

**NO CLASSES ON NOVEMBER 27TH**

## SPECIFICS

CLASS FEES ARE ONLY \$8.00 EACH WEEK PLUS A ONE-TIME \$2.00 REGISTRATION FEE EACH SEMESTER. YOU MAY PAY WEEKLY OR TO RECEIVE A ONE WEEK FREE, PAY IN FULL! IF YOU MISS THE FIRST CLASS YOU MAY REGISTER UP TO WEEK #4, SHOW UP 10 MINUETS PRIOR TO CLASS TIME.

A UNIFORM (GI) IS RECOMMENDED BUT NOT MANDATORY. GI'S ARE \$30.00. LESSONS BEGIN THE FIRST DAY AND STUDENTS SHOULD WEAR THEIR GI OR SHORTS, SWEAT PANTS & T-SHIRT.

FOR MORE INFORMATION CALL (801) 514-5786 MON-FRIDAY 10AM-4PM.